



## EXPRESS LUNCH MENU

### SALADS

#### SOUP & SALAD

A BOWL OF THE SOUP OF THE DAY  
PAIRED WITH A HOUSE SALAD 13

#### CHOP SALAD

CHILLED GRILLED CHICKEN, AVOCADO, BACON,  
BLUE CHEESE, TOMATO, CHOICE OF SIDE DRESSING 16

#### ALBACORE SALAD

ALBACORE TUNA SALAD, AVOCADO, TOMATO, CARROT,  
BELL PEPPERS, CUCUMBER, MIXED GREENS,  
ITALIAN DRESSING 15

### SANDWICHES

\*SERVED WITH FRESH KENNEBEC POTATO CHIPS  
OR FRESH FRUIT

#### B.L.T. & SOUP

PAIRED WITH A CUP OF THE  
SOUP OF THE DAY 13

#### CAPRESE SANDWICH\*

FRESH MOZZARELLA CHEESE, TOMATO,  
PESTO AIOLI, MIXED GREENS, ITALIAN DRESSING,  
GRILLED CIABATTA ROLL 13

#### CHICKEN WRAP\*

GRILLED CHICKEN, AVOCADO, BACON, BLUE CHEESE,  
TOMATO, MIXED GREENS, RANCH DRESSING,  
WRAPPED IN A FLOUR TORTILLA 13